Dear distinguished Scholars of the Oman Cultural Division,

Please be advised that effective **September 1st, 2023,** we have renewed your health insurance benefits with Cigna Global under **Group#09477A.**

Please note that you will have an <u>electronic ID card ONLY</u>. If you haven't already, once you receive your ID#, please register with <u>Oman-Cigna Portal</u> to always access your ID card and utilize all the resources available there.

Furthermore, please store this e-mail or refer to this website <u>Oman Cultural Insurance</u> <u>Website</u> as you will find the most relevant plan details/ functions either below and/ or attached:

- 1. **BENEFIT SUMMARY**(pending release of the Arabic version): Please review and continue to become familiar with your benefits:
 - A. Please note that the **Emergency Room copay is \$250.**
 - B. Please note that the <u>Urgent Care copay is \$0</u>.
 - C. Update- Hospital overnight stay is subject to a \$250 co-pay.
 - D. Update- <u>Vision Hardware allowance is now \$300</u>
- 1. **UNIVERSITY INSURANCE WAIVER** (<u>Click here</u>): Please utilize the document as follows:
 - a. **Electronic ID card and Benefit Summary**: Inform your university of your insurance plan, as it is required to show proof of insurance coverage to enroll for classes every semester.
 - b. Waiver and Benefit Summary:
 - i. Submit the attached General Waiver provided by Cigna to your University.
 - ii. If you need any assistance, please email us at oman@sahouri.com with your university health insurance advisor's information so that we can better assist you.
- 2. **ALWAYS GO TO AN IN-NETWORK DOCTOR** (Click here): You should ALWAYS ask your provider if they "participate with Cigna Open Access Plus".
 - c. Please call **800.441.2668** to locate a participating provider or
 - d. <u>Please register with Cigna Portal to search for participating providers.</u>
 - e. Accessing Care in the United States

2. **ID CARDS:**

- a. New ID Cards are available online
- b. If you haven't already, please register with <u>www.cignaenvoy.com</u> to access your electronic ID card.
- c. <u>Access to healthcare in Arabic</u> and/or utilize the Phone Application <u>Cigna Envoy App</u> (<u>Click here</u>).
- 3. GLOBAL TELEHEALTH (Click here for English/Click here for Arabic): : Talk to a Doctor/Mental Health Specialist anytime, from anywhere. It's FREE.
 - a. Download Cigna Wellbeing Application from Google Play or App Store.
 - b. Sign in with your same username and password from Cigna Envoy App.
 - i. How to use telehealth services | Cigna International Markets
 - c. Please click the video link: Global Telehealth Telehealth in Arabic
- 4. **HEALTHCARE TIPS** (Click here): Simple steps to follow to avoid any issues.

- 5. **24 HOUR CUSTOMER SERVICE:** Call **800.441.2668** for general benefit questions, doctors in network, speak to a Nurse, etc.
- 6. **CLAIMS:** Assist with a complicated Claim: Email oman@sahouri.com with:
 - i. Copy of the invoice,
 - ii. Insurance ID card—Oman ID# and Date of Birth
 - iii. Brief explanation of the concern
 - iv. Or contact us at 703-883-0500

Please reach out if you have any questions.

Thank you,

The Sahouri Team for Oman Cultural Division

Website: Oman Cultural-Cigna/Sahouri Page

Insurance Service Phone: 800.441.2668 (You can request Arabic speaking assistance)
Insurance Service Email: oman@sahouri.com (Include Oman ID# when requesting service)
Visit In-network Providers: To receive full benefits, you have to stay in-network with CIGNA providers

Waive University Insurance: Contact your university advisor and waive the school insurance.

Update Home Address: To receive information, update your physical address online or CIGNA Envoy smart phone app.

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